Who Will Benefit?
All people of South Asian Origin.

Why Participate?
- Diabetes and its complications can be prevented by early identification and modification of risk factors.
- South Asian people experience significant disparity in health outcomes due to limited and late diagnosis as well as poor access to culturally appropriate quality Diabetes care.
- Culturally relevant expert Diabetes education, support, care and resources are available.
- SKN’s platform connects valuable Diabetes resources to the South Asian Community.
- SKN’s commitment provides the Diabetes prevention program for South Asian people at risk for Diabetes, and improves access to culturally relevant care for those who are affected by Diabetes.

We know you care.
Be a member; Be a patient voice
Be a volunteer; Be a champion
Be a teacher; Be a leader
Be a friend; Be a donor

South Asian Diabetes Education and Resource Center
Reach us at
South Asian Family Connection
732.947.4383
www.sahri.org
South Asian Health Resource / Research Institute
A web portal with a focus on the health of South Asians providing access to Academic Research, Community Forum, Resource and Event Guides

Join the SKN Community
4 Lanning Way
Hillsborough, NJ 08844
908.671.1344
www.sknfoundation.org
thesknfoundation@gmail.com

Providing Education, Screening, Referral, Support

South Asian Family Connection
732.947.4383
www.sknfoundation.org
SKN Diabetes Prevention Program

Diabetes Education and Resources
For Adult Patients and Families

SKN Diabetes Prevention Project

For All
- Awareness education
- Risk assessment

For people who are at risk
- As a member, screening for Diabetes and related risks, including hemoglobin A1c testing
- Referral to educational resources and care as per risk status

For people who have preDiabetes
- As a member*, access to "SKN - The Secret for Success Diabetes Management” guide.
- Access to culturally relevant Diabetes-specific educational resources, referral and support

For people who have Diabetes
- As a member*, access to "SKN - The Secret for Success Diabetes Management” guide.
- Access to culturally relevant Diabetes-specific educational resources, referral and support

*SKN Diabetes Prevention Program participation requires registration as a member and a signed informed consent form. There is no fee.

SKN South Asian Diabetes Education and Resource Center

Transcultural Education and Resources for Providers

Asian Indian Cultural Awareness Training (AICAT)
A series of workshops for healthcare providers to enhance skills and improve compliance and outcomes in Asian Indian patients.
- General health concepts
- Medical care for seniors
- Perinatal care
- Diabetes care
- Cancer care
- LGBT care
- Special needs in childhood

SKN Project Access for Diabetes Care

- Advances culturally relevant population health training for physicians and healthcare personnel.
- SKN mini-fellowship award for post-graduate internal medicine resident physicians promotes Diabetes and metabolic health research studies in the South Asian population.
- SKN academic research advisory actively pursues projects to explore the true burden of Diabetes and disparities of care of South Asians.
- SKN leaders advocate to eliminate health related disparities affecting South Asian people.
- SKN Foundation’s strong community clinical linkage with Saint Peter’s Healthcare System promotes culturally appropriate Diabetes prevention and care for the South Asian population.

SKN Special Programs

SKN Patient Voices
- A video anthology of patient experiences about their illness shared through various communication avenues.
- Provides a forum to share stories and learn from the experiences of others to enhance Diabetes awareness and education.
- Puts the patient experience and the patient voice at the center of Diabetes care and support.
- Helps identify important issues relevant to improving disparities in Diabetes care and advocacy for the South Asian population.

SKN Diabetes Prevention Program for Children

Move It to Lose It (MITLI)
An innovative childhood obesity prevention program to educate children about healthy nutrition and lifestyle.

SKN Special Resources for Children

Special Needs Community Outreach Program for Empowerment (SCOPE)
A medium for special needs children and families to come together for education, support and socialization.

Sanatan Vidyalay
A Sunday school program that incorporates the Universal Way of Life to nurture the whole child.