



SCOPE NEWSLETTER

January 2022

SCOPE Offerings

Check out what the SCOPE Program offers. Please spread the word so that a family of a child with special needs can take advantage of these offerings



Special Needs Community Outreach Program for Empowerment

SCOPE Offerings

Regular Programming

— **Educational Workshop**

Monthly

Expert speakers provide parents with information about felt needs (ex. IEPs, transition planning, behavior support, etc.).

— **Kids' Social Event**

Quarterly

Kids get to make new friends, try new activities, and have a safe space to be themselves. Families get to meet one another!

— **Chai-n-Chat**

Monthly

Parents meet every month, once on a weekend and once during the week, to share triumphs, challenges, queries and resources.

Services (Free of Cost to Members*)

— **IEP 1-1 Consulting**

On demand

IEPs are hard to understand. Work with a trained IEP consultant to decipher what this important document contains and how to communicate with your child's team about it.

— **Parent Empowerment Program (PEP)**

6-12 month packages

New to the special needs world? Work 1-1 with a Parent Support Specialist to help build advocacy skills to support your child.

To sign up, email info@sknfoundation.org
For more info, visit www.sknfoundation.org

*Membership is free! Email us to register.

FAQ's

When should I tell my child about his/her diagnosis?

Children should be given as much information as they can handle, considering their age, maturity level, and ability to understand and accept differences that might set them apart from other children. Children who are aware of their diagnoses have greater success in advocating for themselves and their rights.

When talking to your child about his/her diagnosis, it is important to be factual and not to downplay or exaggerate any aspects of the diagnosis. Be prepared to answer or find answers to questions your child may have.

Credit: SCOPE FAQ booklet.

Interested in accessing the FAQ booklet content Click on the link below.

[FAQ Booklet](#)

A Family's Story



Arin is a busy active 9-year-old boy who loves to watch Cars movies and is a Number Blocks fan. He is a chatterbox and enjoys Indian food the most. He is learning to swim and. Arin also plays Brawl Stars and is trying to keep his score the

benefited significantly from the early intervention program, OT, feeding & speech therapy, and finally ABA. He has his own phobias and fears but has taught all of us what it means to be differently able.

Being the youngest in a blended family, he is adored and cared for by his 3 older siblings. He has grown into his own person while attending social skills class and sometimes thinks he is a teenager already like the older kids. He learned self-advocacy skills there and lately has been asking his parents for a phone! He attends Sanatan Vidyalay on Sun mornings with SKN. He loves attending SKN parties even though is stage shy and does not like anyone clapping for him. He attended a coding summer camp sponsored by SKN last summer and to our surprise found a new passion.

We consider ourselves blessed to experience the joy in the journey of childhood to adulthood for all our children.

IEP Survey

SKN Foundation has created a research survey to better understand your knowledge of the IEP process and how SKN SCOPE can help our families..

The survey is broken down into several sections which include:

- How you communicate with the school team conducting the meeting
 - How involved you feel during the IEP meeting
 - How empowered you were to advocate for your child
- Your overall satisfaction with the school team and IEP process

We hope that this survey research will help to shed light on the barriers and needs of SA parents of children with special needs so that school teams and other professionals can learn more directly from families.

Please click on the link and provide your honest, anonymous responses:

Thank you for considering being a part of this project.

[Take Survey](#)



An autism research study, SPARK

SPARK is the largest autism research study in the US with over 275,000 people currently enrolled. It is for people diagnosed with ASD of any age, living in the US and their families.

The goal of the SPARK is to better understand what causes autism and what services, supports and treatments may be most helpful. Children's Specialized Hospital is one of 31 of the nation's leading medical schools and autism research centers that are part of this effort. Participating in SPARK is free, confidential, and can be done entirely from home!

By joining SPARK, participants will be making invaluable contributions to advancing the understanding of autism.

If a genetic finding is discovered related to the cause of autism for a family, results will be shared with that family. Not everyone will receive a result right away.

Participants will be notified when there are other research opportunities.

Individuals with autism are eligible to receive Amazon gift codes valued up to \$50 (One per family) after their saliva samples have been received.

To sign up for SPARK: www.SPARKforAutism.org/CSH

For a short information video on SPARK:

<https://www.youtube.com/watch?v=kMR5pNLJCJU>

A CSH family's story about SPARK:

<https://www.youtube.com/watch?v=T10rsBWEu7U>

PRACTICAL TIPS

Activities to improve imagination skills

Click on the video



Join Our SCOPE Telegram Group & Connect with other Special Needs Families

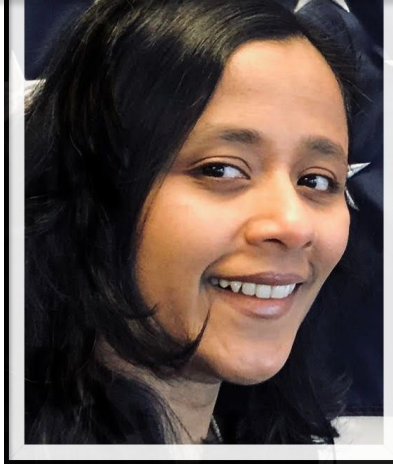
Email: scopesupport@sknfoundation.org to be added to the group

Please include your name and cell phone#

Sign Up for SCOPE Membership

SKN Foundation SCOPE Parent Resource Specialist

Indu Iyer



Email: scopesupport@sknfoundation.org

Special Needs Community Outreach Program For Empowerment (SCOPE)

The mission of SCOPE (Special needs Community Outreach Program for Empowerment) is to support South Asian families of children with special needs through activities that educate, advocate, and empower.

What SCOPE Provides:

Support: Ongoing parent-to-parent mentoring facilitates mutual support and understanding. A Parent Support Specialist connects families to needed resources. The Parent Empowerment Program is designed to build self-advocacy skills and training for the first year of a new diagnosis. A virtual parent group provides a safe space and introduces parents to others with similar challenges and needs.

Education: Regular workshops and training address the felt needs of parents of children with special needs (ex. IEP education, toilet training). Guest speakers include pediatricians, therapists, or other specialists who can serve to educate parents about the health and well-being of their children and provide tips for improving quality of life and outcomes.

Community: Inclusive social events provide safe spaces for children and families to socialize. Several annual events, including Dance 4 A Cause, Halloween party, Valentine's bowling, and Christmas spectacular are opportunities for children to have fun and make friends in a judgment-free zone.

Resources: Situated between health systems and the community, SCOPE serves as a resource for both. We provide cultural competence resources to providers, and



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