



# SCOPE NEWSLETTER

## July 2022

### Special Needs Community Outreach Program For Empowerment (SCOPE)

The mission of SCOPE (Special needs Community Outreach Program for Empowerment) is to support South Asian families of children with special needs through activities that educate, advocate, and empower.

#### ***What SCOPE Provides:***

**Support:** Ongoing parent-to-parent mentoring facilitates mutual support and understanding. A Parent Support Specialist connects families to needed resources. The Parent Empowerment Program is designed to build self-advocacy skills and training for the first year of a new diagnosis. A virtual parent group provides a safe space and introduces parents to others with similar challenges and needs.

**Education:** Regular workshops and training address the felt needs of parents of children with special needs (ex. IEP education, toilet training). Guest speakers include pediatricians, therapists, or other specialists who can serve to educate parents about the health and well-being of their children and provide tips for improving quality of life and outcomes.

**Community:** Inclusive social events provide safe spaces for children and families to socialize. Several annual events, including Dance 4 A Cause, Halloween party, Valentine's bowling, and Christmas spectacular are opportunities for children to have fun and make friends in a judgment-free zone.

**Resources:** Situated between health systems and the community, SCOPE serves as a resource for both. We provide cultural competence resources to providers, and overall health and wellness-related information to families. The

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## FAQ's

### **Will my child grow out of it? With this diagnosis, will he/she still be able to graduate high school/graduate college/find a competitive job/get married/have children?**

Most diagnoses of special needs are persistent throughout the lifespan, but some milder delays may be corrected over time. Early and continuous intervention and support have been shown to help achieve the most successful outcomes for children. Each child is different, so his/her needs will be different from others. Your child's specific outcomes will depend on his/her diagnosis, needs, and interventions. It is important not to compare your child with others.

Rather, see your child as a unique individual, with his/her own path that will have its own challenges and rewards.

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## Testimonials

Two events great feedback!

### **Mother's Day Celebration**

Amazing Mother's Day event ❤️ much needed break and had so much fun going crazy, laughter and also getting immensely inspired by all moms. Thank you so much for organizing the event Tripti and , Sabuha . Moms you made my day today 😊😊 and the special mom Mrs. Moti Mehtotra who recited poems about girls and also inspired all the moms around with her charismatic optimism and appreciation. Looking forward of meeting you all again 🙌🙌

SCOPE Parent R S



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### Holi Color Run

Thank you SCOPE for organizing such a wonderful event. Thanks to this event we realized Sabir can tolerate playing with colors!!! Thank you for using colors that were so pretty, mildly fragrant and organic. We were thrilled Sabir did so well with them. Thank you so much!!! ❤️💙💚💛❤️💜❤️

SCOPE Parent NS

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SCOPE's IEP consultancy service is amazing. The consultant's IEP game is strong and I think she is just such an amazing advocate for neurodiversity. A lot of parents deep down really struggle with truly accepting neurodiversity. But I loved her championing of it, rather than trying to erase it. I would love another session with her.

SCOPE Parent AP

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# Congratulations to our 2022 Graduates!



Dhruv Jain



Anushka Nayek

# IEP Survey

Parents,

SKN Foundation has created a research survey to better understand your knowledge of the IEP process and how SKN SCOPE can help our families..

The survey is broken down into several sections which include:

- How you communicated with the school team conducting the meeting
- How involved you felt during the IEP meeting
- How empowered you were to advocate for your child
- Your overall satisfaction with the school team and IEP process

We hope that this survey research will help to shed light on the barriers and needs of SA parents of children with special needs so that school teams and other professionals can learn more directly from families.

Please click on the following link and provide your honest, anonymous responses:

<https://tinyurl.com/53xfcuyx>

Thank you for considering being a part of this project.

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## PRACTICAL TIPS

### Activities to improve balance by using pillows

Brought to you by our partner organization  
My Whole Child Center for Special Needs at GK2 in India





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## Join Our SCOPE Telegram Group & Connect with other Special Needs Families

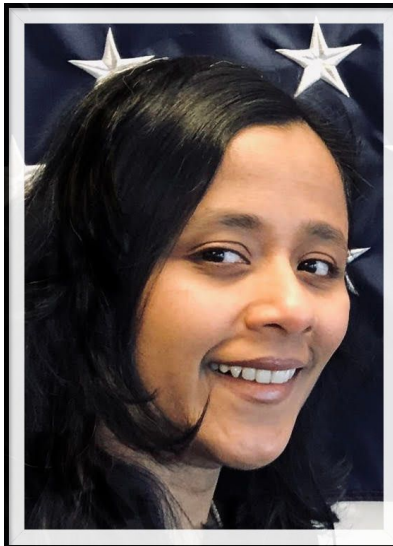
Email [info@sknfoundation.org](mailto:info@sknfoundation.org) to be added to the group

Please include your name and cell phone#

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**Sign Up for SCOPE Membership**

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**SKN Foundation SCOPE Parent Resource Specialist**  
**Indu Iyer**

Email: [scopesupport@sknfoundation.org](mailto:scopesupport@sknfoundation.org)



**SKN Foundation SCOPE Parent Support Specialist**  
**Ashwini Shenoy**



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