



# SCOPE NEWSLETTER

## October 2022

### Special Needs Community Outreach Program For Empowerment (SCOPE)

The mission of SCOPE (Special needs Community Outreach Program for Empowerment) is to support South Asian families of children with special needs through activities that educate, advocate, and empower.

#### ***What SCOPE Provides:***

**Support:** Ongoing parent-to-parent mentoring facilitates mutual support and understanding. A Parent Support Specialist connects families to needed resources. The Parent Empowerment Program is designed to build self-advocacy skills and training for the first year of a new diagnosis. A virtual parent group provides a safe space and introduces parents to others with similar challenges and needs.

**Education:** Regular workshops and training address the felt needs of parents of children with special needs (ex. IEP education, toilet training). Guest speakers include pediatricians, therapists, or other specialists who can serve to educate parents about the health and well-being of their children and provide tips for improving quality of life and outcomes.

**Community:** Inclusive social events provide safe spaces for children and families to socialize. Several annual events, including Dance 4 A Cause, Halloween party, Valentine's bowling, and Christmas spectacular are opportunities for children to have fun and make friends in a judgment-free zone.

**Resources:** Situated between health systems and the community, SCOPE serves as a resource for both. We provide cultural competence resources to providers, and overall health and wellness-related information to families. The

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## **My family/friends/community do not believe I should seek further help for my child's diagnosis, but I am concerned. What should I do?**

It is not uncommon to face difficulty in getting everyone on board in pursuing services and supports. It is important to follow your instinct about getting help since you know your child best. Often, families face the most resistance early in the journey. Usually, once everyone has gotten familiar with a special needs diagnosis, extended families and friends become amazing support systems, especially in culturally tightly knit communities.

### **FAQ Booklet**

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## **What Parents Say**

- It has been a pleasure to know Indu. I was very lost after my son's ASD diagnosis. Indu helped me to connect with other special need parents, always gave me strength and right information to deal with this diagnosis. She helped me with my son's IEP, finding school districts, ABA and many other things for his improvement. She is usually the first person I reach out to whenever I have a question related to my son's special needs. She is so selfless and always available to help families out of her capacity. She has been an inspiration for me personally and I feel so fortunate to know her. Thank you and Best wishes Indu for all amazing work you do for special needs families!
- Can't thank you enough for connecting me to Parul! She was so warm, knowledgeable, caring strong women. Really thankful and admire her time and patience with me. Thank you scope and you all for being there!

## UPCOMING EVENTS

# SCOPE

SPECIAL NEEDS COMMUNITY OUTREACH  
PROGRAM FOR EMPOWERMENT



### Diwali Chai and Chat SCOPE Parent to Parent Support Virtual Meetup



Saturday, October 22, 2022

9:30 AM -10:30 AM

As the festive season is upon us, come share what it is like for your family to navigate these times. The sensory overload can make this time challenging for many of us as a family. Let's get together to support each other and remind ourselves that we are not alone. Share some tricks to navigating this festive time and feel supported.

Join Zoom meeting link : <https://us02web.zoom.us/j/9086711344>

Email: [info@sknfoundation.org](mailto:info@sknfoundation.org)

*Contact us to connect with other South Asian families of children with special needs and become a part of a support network within your community*

[www.sknfoundation.org](http://www.sknfoundation.org)

A 501(C) (3) nonprofit Organization

EIN#27-57098

**Join Here**

**Save the date:**

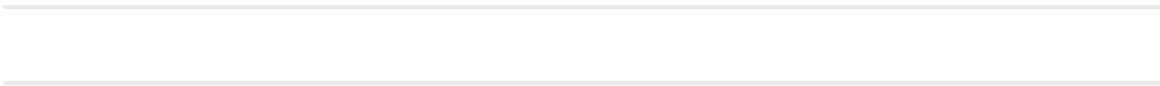
**November 9th, 7:30-9:00 pm.**

**New Jersey Coalition for Inclusive Education (NJCIE) workshop**

**SAVE THE DATE**

**Saturday, December 10th**

**SCOPE HOLIDAY PARTY**





## HALLOWEEN PARTY

**OCTOBER 29<sup>th</sup>**

**2 PM – 4 PM**

### MY WHOLE CHILD PEDIATRICS

330 Livingston Avenue , New Brunswick NJ

**Come Dressed for a Kid's Halloween Parade at 3PM.  
Prizes for the 3 best dressed participants**

We've partnered with Aetna Better Health of New Jersey to host Halloween party! Join us for a spook-tacular evening of fun!

**SNACKS • BALLOONIST • DJ**

Aetna & Liberty Dental representatives will be onsite to answer any questions you have about your coverage, assist with enrollment, and help you better understand your benefits.

For more information contact: SKN Foundation at (908) 671-1344  
REGISTRATION REQUIRED <https://forms.gle/KHbwhiTWQRsZNHFH6>



Aetna Better Health® of New Jersey

Halloween Party!

**Register**

# PRACTICAL TIPS

## Learn skip counting with lego blocks

Brought to you by our partner organization  
My Whole Child Center for Special Needs at GK2 in India



## Join Our SCOPE Telegram Group & Connect with other Special Needs Families

Email [info@sknfoundation.org](mailto:info@sknfoundation.org) to be added to the group

Please include your name and cell phone#

**Sign Up for SCOPE Membership**

**SCOPE TEAM**

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